



Laser & Health  
A C A D E M Y

## INTERNATIONAL WORKSHOP

### AESTHETICS and DERMATOLOGY



#### **Dates**

September 24 – 26, 2008

October 22 – 24, 2008

November 12 – 14, 2008

December 3 – 5, 2008

#### **Duration**

Wednesday – Thursday – Friday

#### **Location**

Fotona, Ljubljana, Slovenia

Private practices, Slovenia

University Medical Centre Ljubljana

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## Schedule

<b>Tuesday</b>		
		Arrival of registered doctors in Ljubljana Accommodation
<b>Wednesday</b>		
<b>Fotona</b>	8.45 – 9.00	Welcome, coffee
	9.00 – 9.10	Description of workshop program
	9.10 – 9.30	Introduction to Fotona
	9.30 – 10.15	Fotona tour
	10.15 – 11.00	Basic Laser Physics
	11.00 – 11.40	Tissue Interaction
	11.40 – 13.00	A&D systems range presentation
	13.00 – 14.00	Lunch and discussion
<b>Fotona</b> (Dr. Jasna Blaha, MD)	14.30 – 16.30	Introduction to laser use in clinical practice of LP Nd:YAG and live demonstrations on patients with Fotona XP Max
	16.30 – 17.00	Discussion
	17.30	Arrival at hotel, Closure of Day 1
<b>Thursday</b>		
<b>AAMV</b> (Dr. Lidija Volovec, gen. surgeon) Brežice	8.45	Pick up at the hotel
	9.00 – 10.00	Transport to Brežice
	10.30 – 14.00	Live demo of clinical cases with Er:YAG and LP Nd:YAG
	14.30 – 16.30	Lunch and discussion
	16.30 - 17.30	Back to Ljubljana
	18.00	Arrival at the hotel, Closure of Day 2
<b>Friday</b>		
<b>Fotona</b> (Dr. Uroš Ahčan, plastic surgeon)	8.15 – 9.45	Introduction to laser use in clinical practice
<b>University Medical Centre Ljubljana,</b> Department for Plastic Surgery	9.45	Departure from Fotona to UKC
	10.15 – 13.30	Live demo of different clinical cases with different lasers (Er, Nd, KTP and QX)
	14.00 – 16.00	Open discussion over lunch



### Workshop daily objectives

At the end of the **first day** participants will understand laser physics and laser/tissue interactions. They will know the difference between Er:YAG, LP Nd:YAG and KTP:YAG laser effects on different tissues. The effects of the various parameter settings will be discussed. Selected treatments will be demonstrated on patients.

On the **second day** participants will learn how to use Fotona SP Plus for facial hair removal, removal of various skin lesions and facial vessels treatments. Selected treatments will be demonstrated on patients.

The program for the **last day** covers the basic principles of using lasers in aesthetics and dermatology therapies. The advantages of laser-based and laser-assisted treatments, and the effects of the various parameter settings will be discussed. Selected treatments will be demonstrated on patients.



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## Lecturers

### **Uroš Ahčan, M.D., Ph.D., Consultant General Surgeon, Consultant Surgeon in Plastic, Reconstructive and Aesthetic Surgery**

Dr. Uroš Ahčan is the Consultant Surgeon at Ljubljana University Medical Center's Department for Plastic Surgery and Burns. Having graduated from Ljubljana's Faculty for Medicine in 1995, Dr. Ahčan proceeded to complete his Ph.D. in 1999. He specialized in General Surgery, followed by a specialization in Plastic, Reconstructive and Aesthetic Surgery in 2006. Dr. Ahčan also has an impressive career in academia as an Assistant Professor and Lecturer at the Ljubljana Faculty for Medicine. He is a widely-published author and researcher, and has made numerous high-profile presentations and lectures on an international level. Dr. Ahčan heads a multi-organization research project, working in Laser Therapy for Vascular Anomalies in the Skin. Working with lasers on a daily basis in order to make profound changes to patients' lives, Dr. Ahčan is a strong proponent of evidence-based laser medicine.

### **Jasna Blaha, M.D., MSc. Occupational Medicine**

Dr. Jasna Blaha graduated from the Medical Faculty of the Ljubljana University in 1984 and started her career as a GP in Ljubljana's Vič community health center. After having completed her Masters Degree in Occupational Medicine Dr. Blaha became Fotona's occupational health practitioner and this consequently became the basis of her interest in medical laser treatments. In the late nineties Dr. Blaha became actively involved in laser treatments and she went on to start up her own general practice and laser clinic, Medilase. Over these many years Dr. Blaha has accumulated an enormous wealth in practical knowledge and expertise in aesthetic laser applications and has trained countless practitioners in aesthetic laser treatments. She regularly participates in professional workshops and attends international conferences in aesthetic medicine. She is also actively involved in developing Nd:YAG skin toning, tightening and texture improvement protocols.

### **Lidija Volovec, M.D., Specialist Surgeon**

Dr. Lidija Volovec graduated from the Zagreb Faculty of Medicine in 1987 and went on to become a resident in General Surgery at Brežice Hospital in Slovenia. In 1997 she became a Specialist in General Surgery following her rotation at the Ljubljana University Medical Center. Having gained experience in procedures with Fotona's Dualis<sup>SP</sup>, Dr. Volovec started up a private surgery in 2005 in Brežice and focused more intensely on laser surgery. Consequently she started post-graduate studies in Anti-Aging Medicine with IMCAS. Dr. Volovec is a regular participant in both domestic and international laser, aesthetic medicine and anti-aging medicine conferences and seminars, and is an active member of the American Academy of Anti-Aging Medicine, the European Society of Laser Aesthetic Surgery, World Society of Anti-Aging Medicine, International Society of Lipolysis therapy and is the international delegate for Slovenia in the World Society of Anti-Aging Medicine.



**The Laser and Health Academy** is a framework, developed, founded and supported by Fotona, with the aim to advance medical, technical and scientific knowledge in the field of Lasers and their application in Medicine and Dentistry. It serves as a platform for exchange and dissemination of scientific knowledge among peers and to promote evidence-based laser medicine and dentistry among practitioners and the general public.

Its key activities centre on practical instruction and demonstration of laser techniques and procedures. These are delivered through a variety of workshops and seminars either at the Laser & Health Academy's own training and demonstration facility or on-site at the Laser & Health Academy Lecturers' surgeries and clinics.

## Price

360 EUR (including VAT)

Please note that the deadline for payment is 2 weeks after your registration for the workshop. Payments should be made through your local Fotona distributor.

### REGISTRATION CONDITIONS

**Deadline:** 2 weeks after the registration. The payment should be made through your local Fotona distributor.

Registration is valid only after payment (from Fotona distributor) has been received. The number of participants is limited for each workshop; registrations are accepted on a first-come, first-served basis.

**The policy for refunding registration fees will be as follows:** 50% refund 14 days before the start of the workshop. Refunds cannot be given any later than 14 days before the start of the workshop. Notice of cancellation must be made in writing (fax/email) to Fotona. The date of receipt (fax/email) will serve as the basis for refunds.

**Confirmation of registration:** will be sent to you 4 weeks before the start of each workshop. Please arrange flight and hotel bookings after receipt of confirmation ONLY. Fotona cannot be held liable for any cancellation fees for travel arrangements.

### Fotona bank details (for distributors)

A banka Vipava d.d.  
Slovenska cesta 58, 1517 Ljubljana  
Description: A&D workshop + participants name  
SWIFT BIC: ABANSI2X SI56 05100800026861  
Amount: 360 EUR

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## Program objectives

- understand the laser physics and laser/tissue interactions
- understand difference between Er:YAG, LP Nd:YAG and KTP:YAG laser effects on different tissues
- understand effects of the various parameter settings
- learn how to gain maximum benefit for your practice out of the Fotona laser



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## WELCOME TO FOTONA AND SLOVENIA

**Slovenia** lies at the heart of Europe, where the Alps and the Mediterranean meet the Pannonian plains and the mysterious Karst.

As a small, beautiful and picturesque country, Slovenia makes a great tourist destination.



**Ljubljana** is considered a city which suits everyone from its inhabitants to its numerous visitors. It maintains the friendliness of a small town and at the same time possesses all the characteristics of a metropolis.

Due to its geographical position, Ljubljana also represents an ideal starting point to discover the amazingly diverse features and beauty of Slovenia.

For more information visit

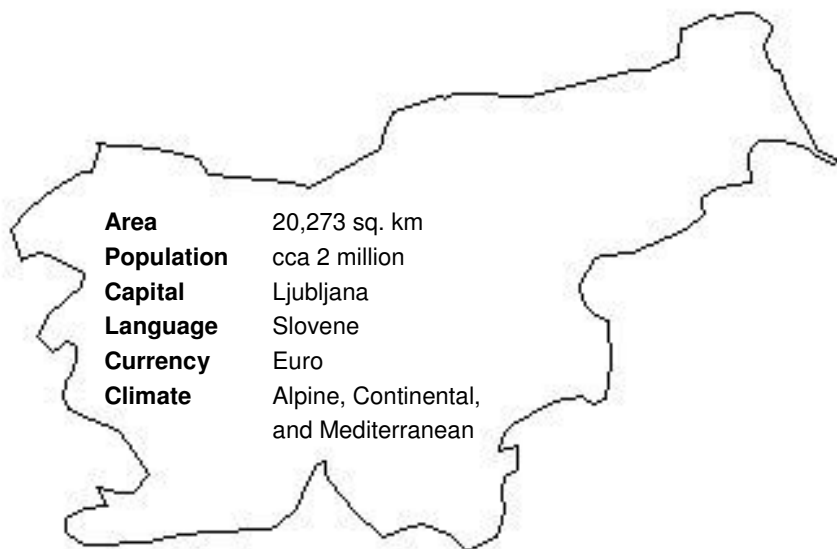
[www.slovenia.info](http://www.slovenia.info).

[www.ljubljana-tourism.si](http://www.ljubljana-tourism.si)

### After the workshop ...

... learn about the many secrets of Ljubljana by taking a guided tour. **In order for Fotona to organize a tour of Ljubljana for you, please let us know a week in advance.**

The tour is available on **Wednesday at 18:30.**



Since 1964 **Fotona** has been a pioneering, technology-based company. Our laser systems are the result of over 40 years of experience and of our know-how and expertise in the fields of medicine, communications, industry and defense.

When you choose Fotona you choose the highest performance, best-made laser systems in the world.



### From the Heart of Europe



**Fotona**  
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If you need any help regarding the hotel reservation,  
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