

# LA&HA Institute

**Dedicated to Research & Education  
on the Medical Power of Light**

- Aesthetics & Dermatology
- Surgery
- Gynecology
- Dentistry

## Aesthetics Workshop with TimeWalker<sup>®</sup> Fotona4D<sup>®</sup> and Fotona4D<sup>®</sup> PRO

**Location:**

LA&HA Institute  
(Ljubljana, Slovenia)

**Date:**

23 -24 October 2023

## Overview

### DAY 1

During the **first day** of the workshop, participants will learn the necessary skills, principles, and procedures for performing non-invasive facial treatments including the **Fotona4D®** facelift with the **TimeWalker® Fotona4D®** laser system.

Participants will learn the 4 steps of the **Fotona4D®** procedure to rejuvenate the four "dimensions" of facial aging:

- 1st Step: SmoothLiftin Er:YAG
- 2nd Step: FRAC3 Nd:YAG
- 3rd Step: PIANO Nd:YAG
- 4th Step: Light Peel Er:YAG

**SmoothEye®** – a non-ablative Fotona SMOOTH® mode treatment for tightening of the periocular region.

**LipLase®** – a non-invasive plumping for fuller lips without injectables

**VectorLift®** – non-invasive eyebrow lifting and upper eyelid rejuvenation

**ComfortLase™** - the ideal solution for pain reduction.

### DAY 2

On the **second day**, participants will learn additional **TimeWalker® Fotona4D® PRO** applications:

- Vascular treatments
- Scar tissue remodeling
- Ablation of benign lesions
- Hair removal
- ComfortLase™ - the ideal solution for pain reduction

Through demonstrations led by experts in their fields, participants will gain in-depth knowledge of how to treat patients, fully understand the complete procedures, and receive the most current best practice guidelines. This includes covering risk assessment, control, and post-operative patient guidelines. A selection of treatment procedures will be demonstrated to patients and volunteers.

## Objectives

- Understand the effects of different parameter settings and how to identify the ideal settings for specific conditions and applications.
- Learn how to gain the maximum benefit for your practice with Fotona laser systems.
- Learn tips and tricks from laser experts and peers.

## Preliminary Schedule

<b>Lecturers:</b> <i>see below</i>	
<b>Location:</b> LA&HA Institute, Ljubljana, Slovenia	
09.00 – 09.15	General workshop information and introduction to Fotona with morning coffee <i>Nudžejma Kitanović, Workshop Coordinator, Fotona</i>
09.15 – 10.15	Lasers and laser safety <i>Tomaž Suhovršnik, Fotona</i>
10.15 – 11.00	Laser-tissue interaction <i>Rahul Sharma MD, Fotona or Maša Goršič Krisper PhD, Fotona</i>
11.00 – 11.30	Short break
11.30 – 13.00	Fotona4D®, SmoothEye® & LipLase® laser treatments <i>Maša Goršič Krisper PhD, Fotona or Rahul Sharma MD, Fotona</i>
13.00 – 14.00	Lunch and debate
14.00 – 16.00	Clinical cases with discussion <i>Rahul Sharma MD, Fotona</i>
<b>16.00</b>	<b>Conclusion of day 1 of the TimeWalker® Fotona4D® workshop program</b>

<b>Lecturers:</b> <i>see below</i>	
<b>Location:</b> LA&HA Institute, Ljubljana, Slovenia	
09.00 – 09.15	Welcome with morning coffee
09.15 – 10.45	Vascular treatments, scar tissue remodeling, benign lesions, hair removal, ComfortLase <i>Maša Goršič Krisper PhD, Fotona or Rahul Sharma MD, Fotona</i>
10.45 – 11.00	Short break
11.00 – 13.00	Clinical cases with discussion <i>Rahul Sharma MD, Fotona</i>
13.00 – 14.00	Lunch and debate
14.00 – 16.00	Clinical cases with discussion <i>Rahul Sharma MD, Fotona</i>
<b>16.00</b>	<b>Conclusion of day 2 of the TimeWalker® Fotona4D® PRO workshop program</b>

All participating principal lecturers are certified Expert Clinical Lecturers of the Laser and Health Academy.

The **Laser and Health Academy** is an independent institution developed and founded with Fotona's support to advance medical, technical, and scientific knowledge in Lasers and their application in Medicine and Dentistry. It serves as a platform for exchanging and disseminating scientific knowledge among peers and promoting evidence-based laser medicine and dentistry among practitioners and the public.

The Academy's key activities focus on practical instruction and demonstration of laser techniques and procedures. These are delivered through various workshops, seminars, and specialized events at the Laser and Health Academy's training and demonstration facility or on-site at the Laser and Health Academy Lecturers' surgeries and clinics.

Visit [www.laserandhealth.com](http://www.laserandhealth.com) for more information about the Academy's activities and the use of lasers in medicine and dentistry.



## Fees and Conditions

### **Aesthetics Workshop with TimeWalker® Fotona4D® and Fotona4D® PRO**

Price: 1,100.00 EUR (+22% VAT) for one day, 1,350.00 EUR (+22% VAT) for two days.

Registrations will close 4 weeks before the start of the workshop. To maintain the educational quality of the workshop, the number of participants is limited. Registrations are accepted on a first-come, first-served basis.

**The number of participants is limited. Please arrange flight and hotel bookings ONLY after receipt of confirmation.** Check other travel requirements, particularly visa requirements and travel to Slovenia. Fotona cannot be held liable for cancellation fees or travel arrangements.

We will send you the confirmation of your registration and participation at least two weeks before the start of each workshop.

Cancellation Policy: 50% of registration fees will be charged if cancellation takes place up to 14 days before the start of the workshop. We will charge you 100% of your total amount if you notify us about your cancellation less than 14 days before the beginning of the workshop.

Notice of cancellation must be made in writing (email) to Fotona. The date of receipt (email) will serve as the basis for refunds.

## Contact Information

### **Workshop coordinator**

Nudžejma Kitanović  
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### **Fotona headquarters**

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## Places to stay

Ljubljana has many accommodations to suit everybody's tastes, needs, and budgets. The following hotels are particularly popular with our workshop participants and are recommended by us. You can find a broader selection of accommodations on [www.visitljubljana.si](http://www.visitljubljana.si)



Pleasant and modern hotel just minutes' walk from the city center



The Eurostars Hotel Company in Ljubljana features three hotels with different concepts, all on a top location in the city center of Ljubljana, Slovenia.

Since 1964 **Fotona** has been a pioneering laser technology company. Our laser systems result from over 55 years of experience, know-how, and expertise in medicine, communications, and industry. When you choose Fotona, you choose the world's highest-performance, best-made laser systems.



**Ljubljana** is considered a city that suits everyone, from its inhabitants to its numerous visitors. It maintains a small town's friendliness and possesses all the characteristics of a more significant metropolis.



Due to its geographical position, Ljubljana also represents an ideal starting point to discover Slovenia's amazingly diverse features and beauty.

[www.ljubljana-tourism.si](http://www.ljubljana-tourism.si)

**Slovenia** lies at the heart of Europe, where the Alps and the Mediterranean meet the Pannonian plains and the mysterious Karst. Slovenia is a great tourist destination as a small, beautiful, and picturesque country.

[www.slovenia.info](http://www.slovenia.info)

